

JOHNSON COUNTY Decategorization Program

Laurie Nash – Decat Coordinator

Board (INFORMAL) Meeting Minutes January 10, 2022

In seeking to adhere to public health recommendations, this meeting was conducting using the Zoom platform.

Board members in attendance: Dee Dixon DVIP (Board Chair), Erin Altheide (JCS), Amy Howell (DHS), Cathy Razavi (Community), Amy Grask (4 Oaks) No Quorum, but an informal meeting was held for the NCJC presentation.

Staff in attendance: Laurie Nash, Diane Kaster, An Leonard

Guests in attendance: James Mims and Brian Loring (NCJC), Kylie Buddin (UAY)

Introductions were made.

Empowered2Ride Contract Presentation- James Mims and Brian Loring gave a presentation on the services being provided by he Neighborhood Centers of Johnson County for the Decat Contract (DCAT4-22-008) Empowered2Ride. A youth cycling program promoting safety, and building healthy adult relationships, Cycling keeps kids active with each other and with the adults who provide services.

At Bike Club, youth learn how to put helmets on correctly and why biking gear is important. Youth learn how to change a bike tire and how to fix some bike problems. If kids can fixe their own bikes they will not need to pay for repairs. The younger kids may even learn how to ride a bike. The Bike Lending Library provided bikes for participants to use. Youth learn how to signal, why it is important to stay in your lane and be aware of traffic, and how to follow traffic signs. Youth received helmets and some bike gear for riding to school safely. More kids want to join in on the cycling than NCJC staff can safely allow so this has been a very well attended service James reports. After learning bike safety kids meet at the NCJC and go for a trail ride, due to the warmer fall wheather there were more riding opportunities that NCJC had even planned on.

Winter Wrenching is the group meetings where kids learned to change tires, tighten up seats and handle bars. Some kids have never used a wrench so that was a learning opportunity. This is where the mechanical aspects of biking are learned and reviewed.

Girls circle- this part of the Contract has had some issues, James reports, between Covid and staff issues there were not as many groups provided but they have plans now for there to be Girls Circle Rides, so the youth can ride together out to a park or other destination and then have the circle programming in a more intimate setting, then ride back to NCJC after the circle meeting The college of Public Health, working with the NCJC will be doing a research project to study the effects of knowledge and behavior associated with bike safety.

James reports Empower2Ride served 70 yout in the first quarter and 40 in the second. Covid and staffing have been the biggest challenghes. Parents see kids off so they know what their children are doing and whom they are with. NCJC thanks DeCat for the support on this venture.

Pat Heiden and Jon Green are the new BOS representitives for Decat.

Financial Report- D Kaster reviewed thebudget, 21% has been expended with the billing processed thru the month of November. The State sent certification of our '21 carryover on 12/16/21, their sum matched our projection. For FY22 we nmeed to spend \$186,456 to prevent reversion. L Nash continues to gather more information on possible spring trainings along with other opportunities to expend funding.

Announcements- Souper Bowl, the annual DVIP fundraiser will have a drive thru option this year, festivities are 2/24/21. Go to the DVIP website for additional information. 2/22/22 CPPC 101 is happening, contact I Nash for more info. 3/24/22 Race the Power of Illision limited space for in-person 4/7/22 Understanding Implicit Bias at HHS L Nash will send out links to the above events.

The Youth Summit has been postponed, hoping for a late February date (to be determined)

Meeting adjourned at 2:17

Please direct any questions about this meeting to: Laurie Nash, Decat Coordinator Johnson County Social Services Phone: 356-6090; lnash@co.johnson.ia.us